




# MPOWERED CONNECTIONS

## FOR AGING AND DISABLED ADULTS

The Aging and Disability Resource Network (ADRN) provides person centered, community-based services for disabled individuals 18-59 and people over the age of sixty, promoting independence and dignity, and connecting clients with resources, services and support.


### We are here to support you!

-  **Services offered:**
- Information assistance and referrals: Providing quality referrals and current information
  - Benefits Access Program (license plate and RTA discount program)
  - Medicaid and Medicare advocacy
    - Senior Health Insurance Program (SHIP)
    - Senior Health Assistance Program (SHAP)
  - SNAP benefits

-  **Service locations:**
- Bloom, Calumet and Thorton Townships in Suburban Cook County

### For more information or to register, contact:

 [ADRNetwork@metrofamily.org](mailto:ADRNetwork@metrofamily.org)

 (773) 692-1033