

# metropolitan family services

## **EDUCATION**

Altaeld Riverdale Early Learning Coalition serves the Altgeld Riverdale community to build holistic support to children's development and equitable educational opportunities. The services provided will ensure all children in the Altgeld Riverdale community are succeeding developmentally and academically by 3rd grade.

**Community Schools** operate during non-school hours and expand positive choices and opportunities for youth while achieving academic success. Tutoring, homework help, recreation, life skills, cultural opportunities, and case management are included.

**Digital Equity Capacity Kickstarter Program** provides enriched engagement within the FOC and Altgeld Riverdale communities to increase awareness and enrollment in low-cost broadbrand programs, build digital learning skills, and expand access to additional technology resources.

Digital Literacy (DL) Program is a 4-to-8-week basic computer skills program for adults of all ages located at FOC. Participants are engaged in a robust curriculum including: basic computers, Windows basics, Internet Explorer, Outlook, Excel, PowerPoint, social media and more.

Mentor Works is a mentoring program that services a cohort of 30 high school youth who live in a community that experiences high rates of gun violence and homicides. The program will provide high-quality mentoring services that are curriculum-driven, traumafocused, and teach the youth conflict resolution skills and engagement in pro-social behavior. Mentor Works provides support and advocacy to youth to help them remain in high school and graduate.

## 235 East 103rd Street, Chicago, IL 60628 Intake & Referral Program: 773-371-3642

Main Number: 773-371-3600

Financial Opportunity Center (FOC) (at Kennedy-King College) 747 West 63rd Street, Room V106 Chicago, IL 60621 773-487-3723

Altgeld Gardens/ **Murray Homes** 950 East 132nd Place Chicago, IL 60827 312-786-3184

Serving Auburn-Gresham, Avalon Park, Beverly, Calumet Heights, Chatham, East Side, Englewood, Morgan Park, Mount Greenwood, Pullman, Riverdale, Roseland, South Chicago, South Deering, Washington Heights, West Englewood, and West Pullman

MOMS Plus is for pregnant and/ or young mothers and fathers ages 13-21 who are youth in DCFS care. Homebased services and groups help improve the parenting skills, promote healthy child development, create support networks among young parents, address trauma that may impact emotional and/or behavioral functioning, and link caregivers to resources.

**Project STRIVE** is a collaboration between Metropolitan Family Services, DCFS and Chicago Public Schools that helps stabilize students who are youth in DCFS care. The program reduces truancy, suspensions and expulsions; improves academic performance; addresses emotional and behavior problems; and increases parental and caseworker involvement.

Service Coordination and Navigation (SCaN) program targets youth ages 14-24 in the Roseland and Pullman communities who are or have been involved with the justice system or have a family history of the above. The program seeks to help stabilize eligible youth in their current environment by increasing their self-efficacy and assisting them in their transition to adulthood. The program provides service connection to legal services, transportation assistance, counseling, housing supports, education programs, employment placement services, healthcare services, internships and apprenticeships. SCaN works to reduce recidivism and involvement with violence.

TRiO Upward Bound provides educational and supportive services to eligible first-generation, college-bound students to help them successfully complete high school and enter college. This partnership involves the U.S. Department of Education and

Metropolitan Family Services Calumet; servicing students attending Harlan H.S., Corliss H.S., Bowen H.S. and those living in zip code areas 60628, 60643, 60617, 60619 and 60827.

**Youth Violence Prevention Program** provides services to youth that attend Harlan Community Academy High School focusing on violence prevention programming. The program supports positive peer interactions through trauma-informed and restorative practices to interrupt and prevent youth violence.

#### **ECONOMIC STABILITY**

Families in Transition (FIT) program provides housing, goal setting, mentoring and referrals to help homeless families whose children attend Chicago Public Schools. Services help families to become permanently housed and achieve economic stability.

FamilyWorks is a comprehensive case management program that supports families as they strive for self-sufficiency. FamilyWorks provides employment and education services, opportunities for youth, lease compliance, clinical and wellness services, and senior support services to families in Altgeld Gardens.

**Financial Opportunity Center** (FOC) is a career and personal financial service center at Kennedy-King College. We help clients change their financial behavior and encourage them to make a long-term commitment to increasing income, decreasing expenses and acquiring assets. Our core services are career improvement and employment placement, financial literacy, and public benefits access. We also offer technology training on-site.

Main Office | 101 North Wacker, Suite 1700, Chicago, IL 60606 | 312-986-4000 | www.metrofamily.org

PAGE 1/3 Updated April 2024 Guiding Light Permanent Support Housing Program provides holistic housing to Families and individuals experiencing homelessness. Through intensive case management participants receive mentoring, goal setting, budgeting and referrals to achieve emotional and economic stability and work toward self-sufficiency.

**Pharmacy Technician Program** 

is a 16-week online program for a certification in Pharmacy Technology. After completing the program participants are connected with a 10-week paid internship. The program prepares individuals to get employed in the Pharmacy Tech field in which we empower and aid them in their success.

Rapid Re-Housing is an initiative to rapidly connect families and individuals experiencing homelessness to housing. Through a tailored package of assistance, participants receive time-limited rental assistance and targeted intensive supportive services working toward self-sufficiency.

The Summer Youth Employment Program (SYEP) is part of the One Summer Chicago program that targets Chicago youth between ages 16-24. It is a 6-week program that runs from the first week of July through the second week of August. Youth are provided with part-time subsidized employment, financial literacy workshops, supportive services, and job readiness assistance.

Workforce Innovation & Opportunity Act (WIOA) program targets out-of-school youth ages 16-24 residing in Cook County who are pregnant or parenting, disconnected from high school, currently or previously a youth in care, homeless, subject to the juvenile or adult justice system or an individual with a disability. The program provides career coaching, job readiness training, supportive services, access to vocational training, and employment placement services to assist youth with stability and self-sufficiency. Income limits apply.

YouthBuild is an innovative construction education training program that teaches the basic concepts of construction for individuals ages 16–24. It is an option for high school drop-outs to earn their GED and a certification from National Center for Construction Education and Research (NCCER). We provide high school dropouts and alternative

school students the education and entry level occupational skills that prepare them for jobs with sustainable wages. Youth alternate between the classroom and work sites learning construction skills, while building affordable housing in their communities. Certifications also may include First Aid/CPR, OSHA 10, forklift training, and the eight core modules of NCCER construction training.

### **EMOTIONAL WELLNESS**

Adoption and Guardianship Support and Preservation provides home-based intervention to families formed through adoption or subsidized guardianship. Counseling and crisis intervention help address adjustment, grief/loss resolution, attachment, and educational and emotional issues. This DCFS-supported program also provides therapeutic respite services, psycho-educational and support groups, workshops, and help securing resources.

Behavioral Health builds on individual strengths and capacity for change while addressing special needs, behavioral and situational problems, or mental illness. Counseling services are offered for children, families and adults. Services are provided in the office, client homes, schools, and other human service agencies.

Domestic Violence Housing supports individuals and families who have survived various forms of gender-based violence and are experiencing homelessness find housing. Advocates support the survivors though the housing process. Through a tailored package of assistance, participants receive time-limited rental assistance and targeted intensive supportive services working toward self-sufficiency.

Gender Based Violence Housing Navigation supports individuals and families who have survived various forms of gender-based violence and are experiencing homelessness find housing. Housing Advocates navigate survivors throughout the process to ensure that they are successfully connected to housing.

Gender-Based Violence Rapid Rehousing services support individuals who have survived various forms of gender-based violence and are experiencing homelessness find housing. Advocates support the survivors though the housing process. Through a tailored package of

assistance, participants receive timelimited rental assistance and targeted intensive supportive services working toward self-sufficiency.

Intensive Placement Stabilization (IPS) provides clinically intensive therapeutic interventions to emotionally and behaviorally disturbed children in DCFS custody.

Reimagine High Risk Youth Services provides intensive case management services to mitigate the impact of violence exposure and to promote protective factors among youth ages 6-24 residing in Riverdale, Roseland, South Chicago, South Deering, and West Pullman. Services are client centered, trauma-informed, culturally specific, and strength-based to help build client self-efficacy. Services are provided in the office, client homes, schools, and other human service agencies.

Safe from the Start offers a variety of family support and mental health services to families with children age 0-5 years old who have been affected by abuse or neglect, or exposed to community, domestic and/or media violence. Safe from the Start provides assessments, referrals, linkages, individual and family counseling, and support and education groups for parents and children.

Trauma-informed Centers of Care (TICC) provides expanded mental health services in Riverdale and Roseland that are trauma-informed and build on individual strengths and capacity for change to individuals ages 5-21 regardless of ability to pay, immigration status, or health insurance. Services are provided in the office, client homes, schools, and other human service agencies.

#### **EMPOWERMENT**

Domestic Violence Advocacy and Support: Apoyo a sobrevivientes de Violencia Domestica provides culturally responsive and trauma informed domestic violence services for Latinx survivors. The program provides comprehensive services that include crisis intervention, counseling, advocacy, case management, and Spanish-language support.

Domestic Violence Clinical Services are for survivors of partner abuse and their children, and for teens and children who have witnessed domestic violence. Staff provide safety planning, individual and group counseling, case management, resources, and referrals.

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Domestic Violence Housing
Navigation supports individuals
impacted by domestic violence
and/or human trafficking that
are experiencing homelessness.
House Navigators support survivors
throughout the process to ensure
that they are successfully connected
to housing.

Extended Family Support serves relative caregivers facing issues that threaten the safety, stability and placement of the child within the home. The DCFS-funded program helps caregivers obtain guardianship, apply for public aid grants, advocate with schools, and access community resources and referrals.

**Legal Aid** provides legal assistance and community education to low-income individuals in the areas of domestic violence, family and elder law, housing, and consumer issues.

## MyChiMyFuture Safe Spaces (Auburn Gresham and Greater Roseland)

The MyChiMyFuture Safe Spaces' program targets youth who live in the Auburn Gresham and Roseland areas (through two separate programs) between the ages of 16-24. It is a 21-week paid leadership program where youth work within their community to plan 11 kickbacks designed to create a safe space for both adolescents and young adults alike. The program is a part of the City of Chicago's violence reduction initiative and will also provide youth with financial literacy, job readiness training, and supportive services.

Housing Resource Program provides housing-related information and referrals to low- and moderate-income homeowners, renters, landlords and unhoused individuals and families, especially seniors (55 and over), in the City of Chicago. The program provides workshops covering topics such as tenant rights, community housing resources, and fair housing.

The Resident Service Coordination Program focuses on helping Chicago Housing Authority seniors across 54 senior buildings maintain and increase their quality of life. Resident Service Coordinators (RSCs) foster an environment conducive to aging in place that is based on knowledge of best practices and welcoming to active seniors as well as those needing more support. The RSCs coordinate and link seniors to services that provide the support necessary for them to remain independent and in their home for as long as possible.

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